THE SAULT COLLEGE, HEALTH SCIENCES DIVISION

PROGRAM: Diploma Nursing

<u>COURSE TITLE</u>: Developmental Psychology

DESTRUCTORS; TIIT TAMNEK and ED FBN

COURSE DESCRIPTION;

Normal human growth and psychological development will be studied with an emphasis on the characteristic developmental changes in a person's behaviour, that are a result of the interdependent and interactive effects of maturation and experience. Psychological methodology, concepts and theories will be examined in relation to developmental processes and tasks that promote adaptation throughout the life span.

COURSE GOALS; To study and develop an understanding of:

- 1. the different philosophical assumptions and theoretical interpretations regarding the nature of human growth and psychological development.
- 2. the concepts, processes, determinants and theories of human psychological development.
- 3. The characteristic age related changes in human behaviour throughout the developmental stages of the life span.
- 4. the interdependent and interactive effects of maturation and experience on the person's adaptive behaviour.
- 5. the developmental tasks and processes characteristic to each stage of human development.
- 6. the extent to which developmental changes are predictable and individual or universal.

<u>COURSE OBJECTIVES:</u> To be able to critically discuss and demonstrate, through oral and written responses, an understanding of:

- 1. the interactive and interdependent effects of experience and maturation on the person's adaptive behaviour.
- 2. the developmental tasks and processes that characterize each stage of human development throughout the life span.
- 3. the extent to which developmental changes in behaviour are predictable and individual or universal.
- 4. the concepts, processess, detenninants and theories of human psychological development.

COURSE OBJECTIVES cont'd ...

5. - the different philosophical assumptions and theoretical viewpoints regarding the nature of human growth and psychological development.

NOTE: Students should also refer to the course text's accompanying "Study GuideAforkbook" for more specific learning objectives related to each of the chapters and topics in the text.

During the course students will be required to select a topic of interest in the area of <u>normal</u> human psychological development and in consultation with, and subject to the approval of the instructor:

- a) write a "term paper" (approximately 1,000 words; typewritten) or
- b) prepare and conduct an oral "class seminar presentation" (of approxintately 30 minutes duration).

TEXTS:

- 1. "Developmental Psychology Today, <u>Third Edition"</u>, by R.E. Schell and E. Hall. CRM/Random House, publishers; 1979.
- 2. "Readings, Cases and Study Guide to Accompany Developmental Psychology Today, <u>Third Edition</u>," by Melvin, Janzen and Baucum. CPM/Random House, publishers; 1979.
- NOTE: Additional readings, assignments and viewings of audio-visual materials may be assigned during the course, at the discretion of the instructor.

SYLLABUS:

Unit I, Topics;

- introduction to the course and overview of course outline.
- the concept of development.
- overview of historical background.
- explanations of human development.
- philosophical views of human beings.
- theories of development; maturation, behaviour-learning, adaptation and psychodynamic theories.
- biological and environmental determinants of development.
- overview of prenatal development.
- prenatal behaviour and birth.
- reflexes, sensory and perceptual capabilities of newborns.
- adaptation; memory, learning, personality and social development of newborns.
- brain and behavioural development during infancy.
- perceptual and cognitive development and infant-environment interaction.
- prespeech and early language development.
- attachment, parent/infant responsiveness and the development of personality and sociability.
- perceptual and cognitive development during early childhood.

ASSIGNED READING (Unit I);

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<u>TEXT;</u> pp. 5 - 65; pp. 78 - 79; pp. 92 - 107; pp. 120 - 123; pp. 126 - 128; pp. 131 - 149; pp. 151 - 169; pp. 171 - 193; pp. 215 - 233.
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QUIZ; Sept. 27 - covering Ch. #1 - #3, assigned readings.

M3D-TERM TEST; Oct. 26 - covering all of Unit I assigned readings.

Unit II, Topics;

- development of language and awareness of grammar.

Unit II, Topics cont'd:

- socialization, sex-role, self-concept and personality development.
- parent-child and peer group relations and the functions of play.
- cognitive and representational skills development during later childhood.
- self-concept, personality, role acquisition and social development during later childhood.
- peer and parent influences.
- moral development.
- physical-sexual and social changes during adolescence.
- identity development during adolescence; self and society, sexuality and intimacy.
- family and peer relations and influence during adolescence.
- early adulthood; the concept of maturity, marriage, identity and interpersonal behaviour.
- middle adulthood; maturity, new developmental tasks, marriage and family life, identity and interpersonal behaviour.
- later adulthood; maturity, new developmental tasks, identity and interpersonal behaviour, family and social life changes.

ASSIGNED READINGS (Unit II):

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TEXT pp. 235 - 248; pp. 255 - 277; pp. 281 - 301; pp. 303 - 323; pp. 325 - 343; pp. 358 - 362; pp. 365 - 381; pp. 383 - 399; pp. 403 - 423; pp. 425 - 443; pp. 445 - 463.
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TEST; Dec. 14 - covering all of Unit II assigned readings.

EVALUATION: Students will be responsible for regular attendance and class participation in all areas of the course as outlined and for all readings, assignments and tests as requested. The course evaluation system can be modified at the discretion of the instructor.

The final course grade will be determined as follows:

Quiz (Unit I) 10%
Mid-Term Test (Unit I) 25%
Test (Unit II) 40%
"Term Paper" or "Seminar Presentation" 25%
Total = 100%

A grade of A, B, C, lor R, will be awarded upon completion of the course, in accordance with the grading policy of Sault College,

ie., A = 80% to 100%, B = 70% to 79%, C = 60% to 69%

Students whose <u>final</u> course grade is <u>below</u> 60% and who are eligible to do a "re-write exam", will be required to write an exam covering <u>all</u> of the entire course content.